



VALENTINE

PRIMARY SCHOOL

Monday 10th June 2024

Sports for champions / Athlete day 14th June 2024

Dear Parent / Carer

We're very excited to be welcoming top athlete **Fred Teague** Record Breaking **Gymnast** to the school on **Friday 14th June 2023**.

The activities for the day will be to complete as many repetitions as you can of each exercise for 1 minute. You will be motivated and encouraged by your athlete. After the activities you will gather for an exciting powerpoint assembly with the athlete. You will be learning about healthy living, Healthy eating and FOUR key elements associated with successful team work, responsibility and creativity. The athlete will demonstrate their sport and finish with a Q & A session .

All money raised will go towards much needed new sports equipment for the school .

Tuesday 11th June- all sponsorship forms to be brought and collected in school.

Friday 14th June – Athlete in school.

Many thanks ,

Joe Wallace

PH Sports

Valentine School Sports Co-ordinator