

# Year 3 Summer 2

**Knowledge Organiser: Year 3 Athletics**

**Prior Learning:** Linked running and jumping movements. Move safely around between and over apparatus. Worked with a variety of equipment.

**Equipment needed:** A variety of balls, hoops, bean bags, quoits, throw down markers, foam javelins, balloons, stopwatch, measuring tape, skipping ropes, low hurdles.

**Unit Focus:** Control movement in response to instructions. Demonstrate agility and speed. Jump for height and distance. Throw with speed and power and apply appropriate force.

**Head:** Compete with others and record points.

**Hand:** Link running and jumping activities with some fluency and consistency.

**Heart:** Identify how to improve.

**Key Vocabulary/Skills**


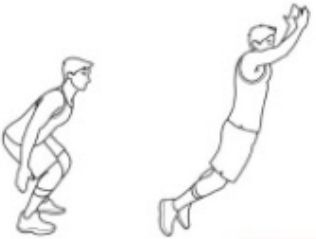
Combination jumps.	Run, jump, throw, agility, power, speed, track, force, distance, curve, accelerate, hurdles, pull, record, pace, approach, combine.
Recognise different pace.	
Approaching hurdles.	
Pull throw.	
Recording points.	

**Key Questions:**

1. Did you complete an activity and change your technique to improve your score?
2. What recording system did you use for counting and keeping track of points scored?

**Rules:**

- All players compete in all activities.
- Groups accumulate scores across all activities.



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