

Year 5 Autumn 1

Knowledge Organiser: Year 5 Basketball



Prior Learning:

Increase confidence and selection of basic skills such as dribbling, throwing and shooting. Develop a range of ball handling skills . Use footwork rules in a game situation and explore basic marking.

Unit Focus:

Use strength, agility and coordination when defending. Increase power and strength of passes, moving the ball accurately in a variety of situations. Select and apply a range of tactics and techniques to play with consistency.

Equipment needed: Size 5 basketballs, cones, hoops, basketball posts, bibs, stopwatch, whiteboards.



Key Vocabulary/Skills

Blocking	Blocking, pivot, forward, reverse, exploit, lay off, accurately, rebound, fake, feint.
Forward Pivot	
Forward Pass	
Push Pass	
Boxing Out	

Key Questions:

1. How can you show your teammate you are ready to receive the pass?
2. Why should we avoid committing personal fouls?
3. What are they key principles to box a player out?

Rules:

- If a player commits a personal foul on the court the fouled team take a sideline, they have 5 seconds to make the pass.
- If a player commits a personal foul to someone as they are attempting a 3-point shot, they get a free throw.

Head: Explain the need for different tactics and attempt these in a game situation

Hand: Able to combine basic skills such as dribbling and passing.

Heart: Apply knowledge of personal foul in a competition setting.

